

**FAIRLANDS VALLEY 3K RELAYS - 22nd JULY 2008**

<b>Pos</b>	<b>M</b>	<b>F</b>	<b>Name</b>	<b>Surname</b>	<b>Ind Time</b>	<b>Club</b>
1	1		Lee	Reynolds	9:02	Herts Phoenix A.C.
2	2		John	McDowell	9:04	Luton A.C.
2	2		Matt	Carlisle	9:04	Herts Phoenix A.C.
4	4		Paul	Adams	9:08	St Albans Striders
5	5		Mike	Tarpey	9:09	Herts Phoenix A.C.
6	6		Mark	Dickinson	9:10	Garden City Runners
7	7		Richard	Powell	9:18	Bedford & County A.C.
8	8		Dan	Poulton	9:24	Stevenage & North Herts A.C.
9	9		Simon	Coombs	9:27	Leighton A.C.
10	10		Graham	Robinson	9:28	Garden City Runners
11	11		John	Clarke	9:29	Ware Joggers
12	12		Steve	Morrison	9:34	FVS TRI
12	12		Andrew	Benson	9:34	Herts Phoenix A.C.
14	14		David	Vaughan	9:37	Garden City Runners
15	15		Jim	McMahon	9:38	Bedford & County A.C.
16	16		Chris	Saville	9:41	Herts Phoenix A.C.
16	16		Chris	Riley	9:41	Bedford & County A.C.
18	18		Simon	Mace	9:43	Garden City Runners
19	19		Matt	Carlisle	9:44	Herts Phoenix A.C.
20	20		Blake	Vivian	9:45	St Albans Striders
21	21		Steve	Buckle	9:48	St Albans Striders
22	22		Richard	Tarpey	9:49	Herts Phoenix A.C.
22	22		Tom	Mead	9:49	Luton A.C.
24	24		Sean	Still	9:50	Luton A.C.
24	24		Edward	Shepherd	9:50	Herts Phoenix A.C.
26	26		Patrick	Pearce	9:54	Garden City Runners
27	27		Simon	Hall	9:55	FVS TRI
27	27		Mark	Robertson	9:55	FVS TRI
29	29		Steve	Livingstone	9:56	Garden City Runners
30	30		Paul	Adams	9:58	St Albans Striders
30	30		Richard	Bate	9:58	Fairlands Valley Spartans
30	30		Richard	Lowden	9:58	Royston Runners
30	30		Daniel	Woodgate	9:58	Luton A.C.
34	34		Karl	Cable	10:00	Royston Runners
35	35		Vasudev	Zaver	10:03	Herts Phoenix A.C.
35	35		Richard	Tarpey	10:03	Herts Phoenix A.C.
37	37		Danny	Digweed	10:05	St Albans Striders
38	38		Laurence	Pidcock	10:06	Garden City Runners
39	39		James	Atkins	10:07	North Herts Road Runners
40	40		Mark	Landy	10:08	Garden City Runners
41	41		Rob	Connors	10:10	Dunstable Road Runners
41	41		Mike	Tarpey	10:10	Herts Phoenix A.C.
41	41		Simon	Jackson	10:10	Fairlands Valley Spartans
44	44		Steve	Kemble	10:11	Garden City Runners
45	45		Stuart	Still	10:12	Luton A.C.
45	45		Andy	Auld	10:12	St Albans Striders
45	45		Lee	Reynolds	10:12	Herts Phoenix A.C.
48	48		Gary	Cook	10:13	North Herts Road Runners
49	49		Bryn	Reynolds	10:14	Herts Phoenix A.C.
50	50		Keith	McLellan	10:16	Garden City Runners
50	50		Adam	Frith	10:16	Ware Joggers
50	50		John	Kinahan	10:16	Herts Phoenix A.C.
50	50		Adi	Wordsworth	10:16	Boxfit Tri
54	54		Andy	Patterson	10:17	Fairlands Valley Spartans
55	55		Alan	Wilson	10:18	St Albans Striders
56	56		Daniel	Johnson	10:20	Luton A.C.
57	57		Neill	Hughes	10:21	Garden City Runners
57	57		Brian	White	10:21	FVS TRI
59	59		Nick	Harris	10:22	Watford Harriers
59	59		Sam	Poulton	10:22	Stevenage & North Herts A.C.
61	61		Graham	Hill	10:23	Royston Runners

62	62	Gavin	Reynolds	10:25	Bedford & County A.C.
62	62	Gavin	May	10:25	FVS TRI
64	64	Rick	Holland	10:26	Watford Harriers
64	64	Marcus	McKechnie	10:26	Fairlands Valley Spartans
64	64	Simon	Hall	10:26	FVS TRI
67	67	Nick	Beresford	10:28	North Herts Road Runners
67	67	Richard	Harrison	10:28	Royston Runners
69	69	Aidrian	Copp	10:29	Stopsley Striders
69	69	Tom	Pickering	10:29	Ware Joggers
71	71	David	Wilson	10:30	Herts Phoenix A.C.
72	72	Tim	Gilbert	10:31	FVS TRI
72	72	Paul	Halford	10:31	Boxfit Tri
74	74	Martyn	Perkins	10:33	Garden City Runners
74	74	Daniel	Bianchi	10:33	Luton A.C.
76	76	Pete	Northover	10:34	North Herts Road Runners
76	76	Oliver	Saville	10:34	North Herts Road Runners
78	78	Darren	Farr	10:35	Boxfit Tri
78	78	Jon	Ockenden	10:35	St Albans Striders
80	80	James	Grierson	10:37	FVS TRI
80	80	Rob	Connors	10:37	Dunstable Road Runners
80	80	Aaron	Reynolds	10:37	Stevenage & North Herts A.C.
83	83	Chris	Green	10:38	Stopsley Striders
84	84	Jeremy	Radman	10:39	Stevenage & North Herts A.C.
84	84	Paul	Haynes	10:39	Royston Runners
84	84	Matt	Burgin	10:39	Bedford Harriers
87	87	Adam	Hills	10:41	Bedford Harriers
87	87	Karl	Hayer	10:41	St Albans Striders
87	87	Tom	Luchley	10:41	Leighton A.C.
87	87	Dave	Pomeroy	10:41	Ware Joggers
91	91	Colin	Braybrook	10:42	St Albans Striders
92	92	Graham	Campbell	10:43	Stopsley Striders
93	93	Liam	McNabola	10:44	Luton A.C.
93	93	Peter	Scrowther	10:44	North Herts Road Runners
95	95	Dave	Coard	10:46	Boxfit Tri
95	95	Mikk	Bradley	10:46	Watford Harriers
95	95	Tony	Ryan	10:46	Ware Joggers
98	98	Tim	Street	10:47	North Herts Road Runners
98	1	Mandy	Livingstone	10:47	Garden City Runners
98	98	Callum	McKechnie	10:47	Stevenage & North Herts A.C.
98	98	Toby	Staines	10:47	Royston Runners
98	1	Jenny	Grey	10:47	Garden City Runners
103	101	Michael	Hand	10:49	Dunstable Road Runners
103	101	Alan	Wise	10:49	Harlow Running Club
105	103	Alan	Daglish	10:50	Luton A.C.
105	103	Adi	Wordsworth	10:50	Boxfit Tri
107	105	Andy	Kelly	10:51	Watford Harriers
107	105	Lee	Murphy	10:51	Dunstable Road Runners
109	107	Robert	Payne	10:52	Bedford & County A.C.
109	107	Mark	Sains	10:52	Stopsley Striders
111	109	Dil	Wetherill	10:54	FVS TRI
112	3	Jo	Kent	10:55	Barnet & District A.C.
112	110	Mike	Utton	10:55	Garden City Runners
112	110	Andy	Hyland	10:55	Broxbourne Runners
112	110	Gary	Warren	10:55	Garden City Runners
116	113	Mike	Russell	10:56	FVS TRI
117	114	Phil	MacLean	10:57	Dunstable Road Runners
117	114	Mark	Grayson	10:57	FVS TRI
119	116	John	Eccleston	10:58	Broxbourne Runners
119	116	Adam	Welham	10:58	Biggleswade A.C.
121	118	Todd	Gray	10:59	Fairlands Valley Spartans
121	118	Dave	Desborough	10:59	Garden City Runners
123	120	Sean	Pollen	11:00	Stevenage & North Herts A.C.
123	120	James	Bedford	11:00	FVS TRI

125	122	David	R-S	11:01	Ware Joggers
125	122	Brian	White	11:01	FVS TRI
125	122	Graham	Blackburn	11:01	Fairlands Valley Spartans
125		4 Martha	Hall	11:01	Garden City Runners
125	122	Andy	Tant	11:01	Broxbourne Runners
125	122	Luke	Langley	11:01	Stevenage & North Herts A.C.
125	122	Richard	Hoare	11:01	Boxfit Tri
132	128	Mark	Fone	11:02	Broxbourne Runners
132	128	Chris	Baxter	11:02	FVS TRI
132	128	Mark	Pickerill	11:02	Garden City Runners
132	128	Mick	Woods	11:02	Royston Runners
136	132	Rob	Casserley	11:04	Garden City Runners
136	132	Mark	Ellingham	11:04	Dunstable Road Runners
138		5 Lucy	Waterlow	11:05	St Albans Striders
139		6 Anna	Ward	11:06	St Albans Striders
139		6 Kath	March	11:06	Barnet & District A.C.
141	134	Paul	Westrope	11:07	Bedford & County A.C.
142		8 Katherine	Philp	11:08	Garden City Runners
142	135	Dave	Ayling	11:08	Harlow Running Club
142	135	Darren	Farr	11:08	Boxfit Tri
145	137	Ben	Harris	11:09	Fairlands Valley Spartans
145	137	Joe	Avery	11:09	Herts Phoenix A.C.
145	137	Ed	Manson	11:09	FVS TRI
145	137	Stewart	Bryant	11:09	North Herts Road Runners
145	137	Richard	Melvern	11:09	Herts Phoenix A.C.
150	142	Jon	Gillham	11:10	FVS TRI
150	142	Roy	Steven	11:10	Harlow Running Club
150	142	Andy	Terrell	11:10	Harlow Running Club
150	142	Adam	Murphy	11:10	Biggleswade A.C.
154	146	Pat	Gallagher	11:11	Garden City Runners
154	146	Dave	Hall	11:11	Stopsley Striders
156	148	Craig	Nelson	11:12	Leighton A.C.
156	148	John	Evans	11:12	Harlow Running Club
158	150	Russell	Smithson	11:13	Broxbourne Runners
159	151	Tom	Birkett	11:14	Watford Harriers
159		9 Louise	Peters	11:14	Stopsley Striders
161	152	Peter	Williams	11:15	Herts Phoenix A.C.
162	153	David	O'Connell	11:16	Stevenage & North Herts A.C.
163	154	Stuart	Harries	11:17	Stopsley Striders
163	154	Robert	Lands	11:17	Bedford & County A.C.
163	154	Steve	Williams	11:17	Garden City Runners
163	154	Nick	Davis	11:17	Garden City Runners
167	158	Richard	Allen	11:18	FVS TRI
168	159	John	Rumbold	11:19	Ware Joggers
169		10 Paula	Adams	11:20	North Herts Road Runners
169	160	Richard	Coffen	11:20	Ware Joggers
171	161	Derek	Dutchburn	11:21	Broxbourne Runners
171	161	Dave	Coard	11:21	Boxfit Tri
173	163	Dave	Hall	11:22	Stopsley Striders
173	163	Pete	Ryan	11:22	FVS TRI
175	165	Graham	Mayoh	11:24	Watford Harriers
176	166	Sean	Bowen	11:25	Garden City Runners
176	166	Malcolm	Cowley	11:25	Bedford & County A.C.
178	168	Peter	Fitzpatrick	11:26	Herts Phoenix A.C.
178		11 Melissa	Winters	11:26	North Herts Road Runners
178	168	John	Rose	11:26	FVS TRI
181	170	Warren	Herridge	11:28	Stevenage & North Herts A.C.
181	170	Paul	Abbitt	11:28	Stopsley Striders
181	170	John	Franklin	11:28	North Herts Road Runners
181	170	Martin	Kidney	11:28	Stopsley Striders
185	174	Darren	Woodhall	11:30	FVS TRI
186		12 Natasha	Taylor	11:32	Herts Phoenix A.C.
187	175	Bob	Ellis	11:33	Royston Runners

187	13	Liz	McKie	11:33	St Albans Striders
187	175	Bob	Wells	11:33	Bedford Harriers
190	177	Steve	Ambrose	11:34	Harlow Running Club
190	177	Robin	Baynham	11:34	Herts Phoenix A.C.
192	179	Martyn	Annetts	11:36	North Herts Road Runners
192	179	Bruce	Harrison	11:36	Royston Runners
192	179	Gus	Rees	11:36	Royston Runners
195	182	Karl	Hayer	11:37	St Albans Striders
196	183	Mike	Moralee	11:38	North Herts Road Runners
197	184	Rob	Hughes	11:39	Garden City Runners
198	185	Paul	Kelly	11:40	North Herts Road Runners
199	186	Graham	Thomas	11:41	Harlow Running Club
199	186	Mark	Cornell	11:41	Dunstable Road Runners
199	14	Vicky	Curlett	11:41	St Albans Striders
202	188	Steve	Smithson	11:44	Fairlands Valley Spartans
202	188	Mark	Collins	11:44	Fairlands Valley Spartans
204	15	Wendy	Jones	11:45	Royston Runners
204	190	Graham	Short	11:45	Bedford Harriers
204	15	Caroline	Hale	11:45	Garden City Runners
207	191	John	Smith	11:46	Royston Runners
207	191	Stewart	Smither	11:46	North Herts Road Runners
207	191	Paul	Illing	11:46	Watford Harriers
210	194	Tony	Bradford	11:47	Fairlands Valley Spartans
210	194	Les	Betts	11:47	Fairlands Valley Spartans
212	196	Derek	Dutchburn	11:50	Broxbourne Runners
212	196	Jon	Steadman	11:50	Harlow Running Club
212	196	Stuart	Mann	11:50	Herts Phoenix A.C.
215	199	James	Cornish	11:51	Biggleswade A.C.
216	200	Steve	Paull	11:52	Dunstable Road Runners
216	17	Revee	Nolan	11:52	Luton A.C.
218	201	Joe	Maude	11:55	Royston Runners
218	201	Shawn	Reader	11:55	FVS TRI
218	201	Ryan	Thomas	11:55	Biggleswade A.C.
221	204	Andy	Tant	11:57	Broxbourne Runners
221	204	James	Thomas	11:57	Biggleswade A.C.
221	18	Hannah	Dewhurst	11:57	Stevenage & North Herts A.C.
224	19	Nicola	Froud	11:58	Barnet & District A.C.
225	206	Sean	Thompson	11:59	Fairlands Valley Spartans
225	206	Bill	Barrett	11:59	Stopsley Striders
227	208	David	Pickett	12:00	Stevenage & North Herts A.C.
228	209	Mike	East	12:01	Broxbourne Runners
228	20	Annette	Bell	12:01	Fairlands Valley Spartans
228	209	Matt	Kirkman	12:01	FVS TRI
231	211	Mike	King	12:03	Fairlands Valley Spartans
231	21	Jenni	Viner	12:03	Ware Joggers
233	212	Dan	Pickering	12:05	Ware Joggers
234	213	Dave	Marriage	12:06	Royston Runners
235	22	Claire	Farley	12:08	Ware Joggers
236	214	Richard	Bloom	12:09	Herts Phoenix A.C.
236	23	Grace	Keane	12:09	Luton A.C.
236	214	Keith	Perry	12:09	FVS TRI
239	24	Ellie	Hudson	12:10	Luton A.C.
240	216	Bill	Barrett	12:11	Stopsley Striders
241	25	Laura	Whitehead	12:12	Herts Phoenix A.C.
241	25	Julie	Simmons	12:12	Herts Phoenix A.C.
243	27	Ellie	Still	12:13	Luton A.C.
244	28	Teresa	English	12:14	Broxbourne Runners
244	217	Alan	Currell	12:14	Garden City Runners
244	217	Mike	Bryant	12:14	Leighton A.C.
247	29	Gemma	Sargent	12:15	FVS TRI
248	219	Chris	Priestley	12:16	North Herts Road Runners
248	219	Paul	Jacob	12:16	Luton A.C.
248	219	Simon	Wallace	12:16	Watford Harriers

251	30	Annette	Hardman	12:17	Ware Joggers
251	222	Wayne	Aylott	12:17	Garden City Runners
253	31	Natasha	Pitman	12:19	North Herts Road Runners
253	223	Dave	Stephenson	12:19	Fairlands Valley Spartans
255	224	Peter	Allen	12:20	Royston Runners
255	224	Duncan	Hooker	12:20	North Herts Road Runners
255	224	Mike	Mello	12:20	North Herts Road Runners
258	227	Martin	Beane	12:22	Boxfit Tri
259	228	Eamon	Twomey	12:23	Watford Harriers
259	228	Jim	Brown	12:23	Fairlands Valley Spartans
261	32	Helen	Spark	12:24	Garden City Runners
262	230	Bill	Crane	12:25	Dunstable Road Runners
263	33	Suzy	Hawkins	12:27	FVS TRI
263	33	Libby	Watson	12:27	Royston Runners
265	35	Sophie	Jones	12:28	Royston Runners
266	231	Colin	Calcutt	12:29	North Herts Road Runners
266	231	Richard	Derrick	12:29	St Albans Striders
268	36	Claire	Ward	12:30	Stevenage & North Herts A.C.
268	36	Chris	Yuill	12:30	FVS TRI
270	38	Sian	Reeves	12:32	Broxbourne Runners
270	38	Claire	Kerr	12:32	Ware Joggers
272	40	Tessa	Stephenson	12:33	Fairlands Valley Spartans
273	41	Sharon	Gilbey	12:34	Harlow Running Club
274	233	Richard	Thomas	12:35	FVS TRI
275	234	Rob	Evans	12:36	Fairlands Valley Spartans
275	234	Matt	Jones	12:36	Harlow Running Club
275	234	Dave	Mostrop	12:36	Garden City Runners
275	234	Martin	Sallers	12:36	Ware Joggers
275	234	Fred	Watts	12:36	Leighton A.C.
280	239	Alan	Taylor	12:40	Stopsley Striders
281	240	Lance	Richardson	12:41	Stopsley Striders
281	42	Karen	Dodsworth	12:41	North Herts Road Runners
281	42	Sam	Tophill	12:41	FVS TRI
284	44	Chrissie	Richards	12:42	Ware Joggers
284	44	Jackie	Perry	12:42	FVS TRI
286	241	Tony	Shortland	12:43	FVS TRI
286	46	Sharon	Rider	12:43	Broxbourne Runners
288	47	Sophie	Ellington	12:44	Luton A.C.
288	47	Sam	Tophill	12:44	FVS TRI
290	242	Adrian	Shotbolt	12:45	Dunstable Road Runners
291	49	Danielle	Calvert	12:46	Royston Runners
291	243	Malcolm	Hall	12:46	Royston Runners
293	50	Chris	Feely	12:47	Fairlands Valley Spartans
293	50	Maureen	Steed	12:47	Garden City Runners
293	244	Drew	Lowrie	12:47	FVS TRI
296	52	Felicity	Shaw	12:49	Royston Runners
296	245	Simon	Douglas	12:49	FVS TRI
298	246	Graham	Pugh	12:50	Harlow Running Club
298	246	Ross	Partridge	12:50	Ware Joggers
300	248	Noel	Jones	12:51	Bedford Harriers
300	53	Alison	Sugars	12:51	Stopsley Striders
300	248	Bob	Thompson	12:51	Bedford & County A.C.
303	54	Sara	Deed	12:53	Boxfit Tri
304	55	Jayne	Turnley	12:54	Watford Harriers
305	250	Dave	Bedford	12:55	Royston Runners
305	250	Pascal	McMahon	12:55	Ware Joggers
305	56	Lesley	Dutton	12:55	FVS TRI
305	56	Tracy	Pez	12:55	Fairlands Valley Spartans
305	250	Les	Taylor	12:55	Ware Joggers
310	58	Alex	Gates	12:57	Stevenage & North Herts A.C.
311	59	Tilly	Scheuber	12:58	Stevenage & North Herts A.C.
312	253	Karl	Howard	12:59	Royston Runners
313	60	Louise	Hart	13:01	Ware Joggers

314	254	Dave	Stubbins	13:02	Bedford & County A.C.
315	61	Lorraine	English	13:03	Luton A.C.
316	62	Frankie	Whitney	13:04	Stevenage & North Herts A.C.
317	255	Graham	White	13:05	Stopsley Striders
317	63	Fiona	Towell	13:05	Leighton A.C.
319	64	Catherine	Higgins-Tovey	13:06	Watford Harriers
319	64	Alsion	Sugars	13:06	Stopsley Striders
321	66	Sarah	Shynn	13:07	Dunstable Road Runners
321	256	Toby	Hone	13:07	Royston Runners
323	67	Sarah	Pike	13:09	Stevenage & North Herts A.C.
324	257	Jim	Davis	13:10	Herts Phoenix A.C.
325	68	Sue	Duffy	13:11	Ware Joggers
326	69	Sara	Deed	13:13	Boxfit Tri
326	69	Sarah	Shynn	13:13	Dunstable Road Runners
326	258	Nigel	Pinney	13:13	Boxfit Tri
326	258	John	Wray	13:13	Watford Harriers
330	71	Julia	White	13:15	Stevenage & North Herts A.C.
331	72	Jo	Holloway	13:18	Boxfit Tri
332	260	Paul	Bowal	13:19	North Herts Road Runners
333	73	Amy	Pring	13:20	Stevenage & North Herts A.C.
334	261	Tom	Casserley	13:21	Garden City Runners
334	74	Nikki	King	13:21	Ware Joggers
336	75	Jo	Hart	13:22	Ware Joggers
337	262	Tim	Smith	13:23	FVS TRI
337	76	Marie	Colucci	13:23	Fairlands Valley Spartans
339	77	Vicky	Steadman	13:24	Harlow Running Club
340	78	Katie	Harrington	13:26	Harlow Running Club
340	78	Charlotte	Baird	13:26	Stevenage & North Herts A.C.
340	78	Rebecca	O'Sullivan	13:26	Royston Runners
343	81	Ann	Tyler	13:27	Royston Runners
343	81	Margaret	De Winter	13:27	Dunstable Road Runners
345	83	Jo	Holloway	13:29	Boxfit Tri
346	263	Mike	Dixon	13:31	Herts Phoenix A.C.
347	264	Russell	Smyth	13:32	North Herts Road Runners
348	265	Mick	Wise	13:34	Garden City Runners
349	266	Kevin	Kirk	13:37	North Herts Road Runners
350	84	Helen	Duffy	13:38	Watford Harriers
351	85	Sally	Onn	13:40	St Albans Striders
352	267	Paul	Dutton	13:42	FVS TRI
352	267	Julian	De Villez	13:42	Fairlands Valley Spartans
354	86	Joy	Allen	13:43	Garden City Runners
354	269	Ben	Collier	13:43	Fairlands Valley Spartans
356	270	Rob	Shaw	13:46	Fairlands Valley Spartans
357	271	John	Little	13:47	Ware Joggers
358	87	Margaret	De Winter	13:49	Dunstable Road Runners
359	272	Don	Lay	13:50	Royston Runners
359	272	Peter	Westlake	13:50	Garden City Runners
361	88	Anna	Priestley	13:51	North Herts Road Runners
362	89	Nina	Pitcairn	13:52	FVS TRI
362	89	Elaine	Wheeler	13:52	Boxfit Tri
364	91	Carole	Mooney	13:56	St Albans Striders
365	92	Teresa	Sewell	13:57	Royston Runners
366	93	Louise	Flack	13:58	Leighton A.C.
367	94	Tilly	Scheuber	14:01	Stevenage & North Herts A.C.
368	274	Steve	Johnson	14:02	Ware Joggers
368	95	Mel	Wilson	14:02	Dunstable Road Runners
370	96	Karen	Ashby	14:03	Stopsley Striders
371	97	Ruth	Bradford	14:04	Fairlands Valley Spartans
371	97	Lynn	Allen	14:04	FVS TRI
373	99	Di	Shaw	14:05	Royston Runners
373	99	Monica	Brown	14:05	Fairlands Valley Spartans
373	99	Jane	Landon	14:05	Royston Runners
376	102	Lynne	Hays	14:07	Royston Runners

376	102	Louise	O'Connell	14:07	Stevenage & North Herts A.C.
378	104	Sara	Carter	14:09	Ware Joggers
379	275	Kodi	?????	14:10	North Herts Road Runners
379	105	Kerry	Henderson	14:10	Garden City Runners
381	276	David	Parsley	14:14	FVS TRI
381	106	Elaine	Harriers	14:14	Stopsley Striders
383	277	Paul	Holgate	14:17	Fairlands Valley Spartans
383	107	Pat	Thomas	14:17	Boxfit Tri
385	108	Christina	Parrett	14:18	Stopsley Striders
386	278	Rob	Cresswell	14:22	Stopsley Striders
386	109	Joy	Stock	14:22	Ware Joggers
388	110	Vicki	Goulding	14:23	FVS TRI
389	111	Margaret	French	14:25	Ware Joggers
389	111	Cat	Daniels	14:25	Barnet & District A.C.
391	113	Rachel	Annetts	14:27	North Herts Road Runners
392	114	Helen	Stafford	14:28	Garden City Runners
392	279	John	Steed	14:28	Herts Phoenix A.C.
394	115	Catherine	Brown	14:33	Royston Runners
394	280	Rob	Saunders	14:33	Ware Joggers
396	116	Becky	Hinksman	14:34	Stopsley Striders
397	281	Don	Powell	14:39	North Herts Road Runners
397	281	Mark	Drummond	14:39	Fairlands Valley Spartans
399	117	Isabel	Marriage	14:41	Royston Runners
399	117	Cath	Perry	14:41	Barnet & District A.C.
401	119	Nicky	Trew	14:42	Dunstable Road Runners
402	120	Kim	Fenn	14:43	Stopsley Striders
403	121	Sue	Hartridge	14:48	Dunstable Road Runners
404	122	Alyson	Sprawson	14:55	FVS TRI
405	123	Lindsay	Cook	14:56	North Herts Road Runners
406	124	Melanie	Strachan	14:57	Stopsley Striders
407	125	Alexandra	Ridout	14:58	Leighton A.C.
408	126	Jess	Barber	15:00	Stevenage & North Herts A.C.
409	283	Rob	Waddington	15:04	Ware Joggers
409	127	Maria	Page	15:04	Ware Joggers
411	128	Sarah	Ashworth	15:06	Royston Runners
411	128	Karen	Bradley	15:06	Barnet & District A.C.
411	128	Vanessa	Burt	15:06	Stopsley Striders
414	131	Lyn	Nicholls	15:09	Ware Joggers
415	132	Kate	Linhart	15:10	Stopsley Striders
416	284	Ian	Sutcliffe	15:15	North Herts Road Runners
417	285	Dennis	Draper	15:21	Garden City Runners
417	133	Erica	Darby	15:21	Dunstable Road Runners
419	134	Marie	Bacon	15:22	Stopsley Striders
420	286	Graham	Blackburn	15:23	Fairlands Valley Spartans
421	287	Geoff	Dayus	15:25	Royston Runners
422	135	Ingrid	Bacon	15:27	Stopsley Striders
423	136	Sue	Canelli	15:42	Ware Joggers
424	137	Pam	Abbitt	15:44	Stopsley Striders
425	138	Meli	Fletcher	15:45	FVS TRI
426	139	Di	Shaw	15:46	Royston Runners
426	139	Iris	Hornsey	15:46	Royston Runners
428	141	Greer	Kidney	15:50	Stopsley Striders
429	142	Jude	Meuser	15:59	Ware Joggers
429	288	John	Nugent	15:59	Broxbourne Runners
431	143	Sharon	White	16:00	Stopsley Striders
431	289	George	Woods	16:00	Garden City Runners
433	290	Dave	Beasley	16:09	Herts Phoenix A.C.
434	144	Eleanor	Draper	16:13	Garden City Runners
434	144	Tania	Titley	16:13	Stopsley Striders
436	146	Wendy	Cope	16:21	Dunstable Road Runners
436	146	Mel	Edwards	16:21	Garden City Runners
438	291	Jimi	Laleye	16:29	Fairlands Valley Spartans
439	292	Joe	Clare	16:34	Herts Phoenix A.C.

440	148 Karen	Otway	16:35	North Herts Road Runners
441	149 Christine	Sharp	16:38	North Herts Road Runners
442	150 Cath	Shephard	16:51	Garden City Runners
443	151 Margaret	Waddingham	16:55	Ware Joggers
444	152 Olivia	Johnson	17:21	Garden City Runners
445	153 Rita	Williams	17:24	Ware Joggers
446	154 Sue	Coveney	17:47	Garden City Runners
447	155 Lina	Porecha	17:53	Fairlands Valley Spartans
448	293 John	Butcher	18:07	Ware Joggers
449	156 Hayley	Bewley	18:14	Stopsley Striders
450	157 Joan	Molahan	18:18	Stopsley Striders
451	158 Gill	McLaren	18:30	Stopsley Striders
452	159 Helen	Morrison	20:03	Stopsley Striders
453	Karen	Anderson	-	Royston Runners
454	Katherine	Pearson	?	Royston Runners